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General Topics :: Stay Encouraged!

Stay Encouraged! - posted by sermonindex (), on: 2004/10/21 13:15

Dear Fellow Christian,

Have you ever been discouraged? It would truly be a rare person who wasnÂ't. For most of us, it doesnÂ't take much—a look, one word, someoneÂ's silence, or a phone call that never came. But how do we gain victory over this? IÂ'd like to share something that has helped me. HereÂ's a brief excerpt from my newest booklet, Stay Encouraged:

"Let us not make a list of all the reasons why we are in trouble or to stay discouraged. DonÂ't think about the negative. Scripture says to think about things that are lovely and wholesome and of good report. Think on these things.

Â"I encourage you to take some time now to write out a list of all the good things God has brought into your life. There are so many reasons to thank Him, and there is power and victory when we praise Him.Â"

Your brother in Christ, K.P. Yohannan President - Gospel for Asia

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Maybe we could even do this on SI to post a few things in this thread you are thankful and want to praise God for.