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Must Read! - posted by followinghim, on: 2006/2/6 22:27

I really like the post "Free from Sin and the Flesh." I would encourage all of you to read it. Just today I gave up normal th ings that I like to do that don't really serve much purpose just to see what it would do to my flesh... and I have been havi ng a great day, doing things only for the Spirit and for Christ is freeing. So read it and apply it to you life... if it changes y ou somehow please leave a message sharing your experience.