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CONFESSIONS - BOOK IV - CHAPTER V

~Other Speakers A-F: St. Augustine:

10. But now, O Lord, these things are past and time has healed my wound. Let me learn from thee, who art Truth, and put the ear of my heart to thy mouth, that thou mayest tell me why weeping should be so sweet to the unhappy. Hast thou--though omnipresent--dismissed our miseries from thy concern? Thou abidest in thyself while we are disquieted with trial after trial. Yet unless we wept in thy ears, there would be no hope for us remaining. How does it happen that such sweet fruit is plucked from the bitterness of life, from groans, tears, sighs, and lamentations? Is it the hope that thou wilt hear us that sweetens it? This is true in the case of prayer, for in a prayer there is a desire to approach thee. But is it also the case in grief for a lost love, and in the kind of sorrow that had then overwhelmed me? For I had neither a hope of his coming back to life, nor in all my tears did I seek this. I simply grieved and wept, for I was miserable and had lost my joy. Or is weeping a bitter thing that gives us pleasure because of our aversion to the things we once enjoyed and this only as long as we loathe them?