

Thoughts for the Quiet Hour - June 9

D.L. Moody:

Cast thy burden upon the Lord, and He shall sustain thee. â€”Psalm 55:22

He that taketh his own cares upon himself loads himself with an uneasy burden. The fear of what may come, expectation of what will come, desire of what will not come, and the inability to redress all these, must needs bring him continual torment. I will cast my cares upon God: He hath bidden me. They cannot hurt Him: He can redress them. â€”Hall