

## Cast Your Cares

**D.L. Moody:**

**"Casting all your care upon him; for he careth for you"  
(1 Peter 5:7).**

**A great many people seem to embalm their troubles. I always feel like running away when I see them coming. They bring out their old mummy, and tell you in a sad voice:**

**"You don't know the troubles I have!"**

**My friends, if you go to the Lord with your troubles, He will take them away. Would you not rather be with the Lord and get rid of your troubles, than be with your troubles and without God? Let trouble come if it will drive us nearer to God.**

**It is a great thing to have a place of resort in the time of trouble. How people get on without the God of the Bible is a mystery to me. If I didn't have such a refuge, a place to go and pour out my heart to God in such times, I don't know what I would do. It seems as if I would go out of my mind. But to think, when the heart is burdened, we can go and pour it into His ear, and then have the answer come back, "I will be with him," there is comfort in that!**

**I thank God for the old Book. I thank God for this old promise. It is as sweet and fresh today as it has ever been. Thank God, none of those promises are out of date, or grown stale. They are as fresh and vigorous and young and sweet as ever.**