



## Devotional Thoughts :: A self-loather -brooks

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### A self-loather

(Thomas Brooks, "The Crown and Glory of Christianity, or, HOLINESS, the Only Way to Happiness", 1662)

True repentance is a daily turning of the soul further and further from sin--and a daily turning of the soul nearer and nearer to God.

True repentance includes . . .

- a true sense of sin,
- a deep sorrow for sin,
- a hearty loathing of sin, and
- a holy shame and blushing for sin.

To repent is to make . . .

- a clean head and a clean heart;
- a clean lip and a clean life.

To repent is for a man to loathe himself, as well as his sin.

Is this easy for man, who is so great a self-lover, and so great a self-exalter, and so great a self-admirer--to become a self-loather? To repent is to cross sinful self, it is to walk contrary to sinful self, yes, it is to revenge a man's self upon himself.

True repentance lies in a daily dying to sin, and in a daily living to Him who lives forever.