

General Topics :: Public Confession from Krispy**Public Confession from Krispy, on: 2010/11/29 10:26**

This is a very hard thing for me to come forward and confess to the forum at large, but it is the right thing to do.

When I came to this forum 5 or 6 years ago I was paranoid (i.e. not trusting the Lord) about identity theft, internet stalkers, etc. So when I created the "Krispy" persona it was with the intention of protecting my identity. I made up certain aspects of Krispy to achieve this protection and ensuring that no one would be able to link me to Krispy. Some aspects of "Krispy's" testimony were fabricated, as well as some personal history. (i.e. was never a Marine).

Unfortunately it turned out that I am a pretty good liar. What started out as a way of protecting myself and my family ended up getting way out of control... as so often happens when we practice this sort of sin.

Although my intentions could probably be seen as "noble" or "well intentioned", the fact is that God NEVER allows for us to lie. And worse yet it demonstrated a lack of my trusting in Him to protect me. I robbed God of one of His attributes.

Another thing that happened was that I robbed myself and others on here of true fellowship. There are many I love on this forum, yet could not experience true brotherhood with them because I could not let them past the facade I had made.

And then there is a the blatant hypocrisy that resulted.

I had a heart attack several months ago and God used that to make many many changes in my life... and this was one of them. Afterwards I contacted several folks on this forum privately and discussed my heart attack etc. I made confession to only one person at that time. That was my brother in the Lord, Neil (Natan4Jesus).

But someone else on here talked to me this morning and confirmed what I believe God has been telling me. It is time to put this out there for public consumption. I am so sorry to everyone who I have deceived on this forum, no matter what my intentions may have been.

More than that, this needs to happen so that it will stop hindering my relationship with God. I want to be right with Him, and this is holding me back.

And... just for the record... everything you have gotten from "Krispy" over the past 6 yrs, or however long it's been, has been 100% me from personality to doctrine. Some of the facts of my life were changed in the wrong way to "protect the innocent", but I am who I am.

Now, it will not surprise me if I am rejected by all of you. I deserve much worse. All I can do is apologize, and beg your forgiveness. I am face down before your feet. If the moderators, or Greg, decide to ban me... so be it. I will accept that and I will understand and agree completely with their decision.

Suffice it to say that I feel completely humiliated to come to all of you, and put this before all publicly. I don't know if I'll even check back to read comments... I'm embarrassed and ashamed.

I "killed" Krispy after my heart attack. I figured the best thing to do was let him R.I.P. But God would not let it go that easily. He wants to humble and break me.

And that is why I am writing this to you all.

Krispy

Re: Public Confession from Krispy - posted by EverestoSama, on: 2010/11/29 10:33

I don't know anything of your personal history, since I haven't been around for five years. But based on just what I've seen you write in the time that I have been here (short as it maybe be), I like you. So you've at least you've still got one friend here.

Re: Public Confession from Krispy - posted by buttermilk80 (), on: 2010/11/29 10:38

Let those who would stand with skin, stand with skin. Let all who stand with the Living God, stand with the Living God. I will stand with those who seek His Holy will. You have my pledge by the grace of our God, even Christ Jesus.

Father, Shake the tree! May all who would live godly in Your Holy Son appear before Your Holy Throne. May all who desire to fulfill part of Your Holy will be ashamed. You are God and there is none like You!

Re: Public Confession from Krispy - posted by ADisciple (), on: 2010/11/29 10:39

Brother, when we come to the light we make a wonderful discovery, and I speak from experience.

The same light that exposes also covers.

"He covereth Himself with Light as with a garment."

How wonderful to hide in the Light instead of in the darkness!

The Lord bless you, brother.

AD

Re: - posted by rainydaygirl, on: 2010/11/29 10:47

Krispy

what you shared here really touched my heart. I to have been hiding behind a fake user name out of fear. I am a sister in the Lord but I have posted in such a way as to hide who I really am because I was fearful of what people would think of me and because I was afraid of letting anyone get too close. You have shown yourself to be trusting in the Lord with this public confession. I envy your courage to do so. I am ashamed and sad to say that I am not there yet but prayerfully one day soon will be.

rdg

Re: - posted by buttermilk80 (), on: 2010/11/29 10:53

Sister! If the Lord has brought you to this place, you stand on solid ground. The shame we all feel is based on our own mind. There is no fear in love made perfect! You will grow as you find yourself able. In that there is absolutely no doubt. But I assure you! If you stand in the Holy Son of God, you will stand.

Take heart. He is calling your name.

Re: From David Brainerd's Journal - posted by Lysa (), on: 2010/11/29 11:05

Farewell, vain world; my soul can bid Adieu.
My Savior taught me to abandon you.
Your charms may gratify a sensual mind
But cannot please a soul for God Designed
Forbear to entice, cease then my soul to call
'Tis fixed through grace - my God shall be my all
While He thus lets me Heavenly glories view
Your beauties fade; my heart's no room for you.

~ David Brainerd, Journal, April 26, 1742

God bless you Krispy (and He is!),
Lisa

Re: - posted by White_Stone (), on: 2010/11/29 11:10

What I think of when I think of Krispy:

When mentioning the towering stack of Bibles and commentaries on my night stand you said you also braved an avalanche while sleeping.

If that was the real Krispy then I am more than satisfied and have no hard feelings for the invented persona.

Kindest regards,
white stone

Re: Public Confession from Krispy, on: 2010/11/29 11:19

Just rejoice and embrace the truth that you have been crucified (totally killed) and buried by Christ Himself.

When he did it it was accomplished for you

Not only that but you have Jesus Christ Himself living in you.

Just relax in His love and Grace!!!

ENJOY AND CELEBRATE HIM!

Re: , on: 2010/11/29 11:21

Quote:
-----When mentioning the towering stack of Bibles and commentaries on my night stand you said you also braved an avalanche while sleeping.

... if you only knew! :-)

Re: Public Confession from Krispy - posted by learjet, on: 2010/11/29 11:22

What sin are you talking about brother? I see nothing! ;-)

Re: , on: 2010/11/29 11:43

Everything hidden shall be brought to light and soon we shall know as we are known.

God grant all of the One('s) family here to be bold as the lion of the tribe of Judah.

Best to get the residual sin (of our flesh) out of the way now rather than be ashamed at His Bema Seat Judgement.

There is good reason Jesus said we should not fear any but Him who can cast both body and soul into hell.

God Bless all who will, --(as Krispy)-- think, walk, and talk more and moreso in the fear of the Lord. In Him are all the treasures of wisdom and knowledge, granting understanding to the most simple.

May all who comment (and even read) here know the great freedom in Jesus Christ through

H. onest
O. pen
T. ransparency

"For the grace of God that bringeth salvation hath appeared to all men, teaching us, that denying ungodliness and worldly lusts, we should live soberly, righteously, and godly, in this present world; Looking for that blessed hope, and the glorious appearing of the great God and our Saviour Jesus Christ; who gave himself for us, that he might redeem us from all iniquity, and purify unto himself a peculiar people, zealous of good works."

Titus 2.11-14

Krispy,

Sometimes it takes a clearer view of eternity to recognize that nothing but conformity to the image of Jesus Christ is the one and only thing that, after all is said and done, remains everlasting forever.

God Bless you greatly as you walk more faithfully before Him through and in His faithfulness alone.

Grace and Shalom to you and yours,
(You remain in our prayers!)

gregg

Re: , on: 2010/11/29 11:44

Dear brother,

Thank you for bringing your portion of Christ to us today. Broken and humble and honest. Your words are more significant to us than a perfect 5 point sermon.

Lam 3:21 This I recall to my mind, therefore have I hope.

Lam 3:22 It is of the LORD'S mercies that we are not consumed, because his compassions fail not.

Lam 3:23 They are new every morning: great is thy faithfulness.

Re: - posted by KingJimmy (), on: 2010/11/29 12:00

We're all Pharisees by nature. It's ok brother.

Re: , on: 2010/11/29 12:15

Of course you are forgiven Krispy.

Pro 28:13 He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy.

I believe merely having a "sign-on-name" is protection enough for identity. rainydaygirl need not expose herself because our sign-on-names were intended for our protection in the first place. Though this is a gathering of The Church, we are not protected by the four walls and those who are within them here --- we're in cyberspace, where, if you put your name out there - the Internet affords 'anyone' the ability to find your address, phone number and email account. THAT I have personally found to be very dangerous. If for some reason - one must change their sign-on-name, that also is no sin because it has been permitted by SermonIndex and the ethics of this site is to not expose one who has done so - provided the person only maintains ONE sign-on-name and doesn't try to be two members at the same time.

My personal feelings are - that the less we talk about "self" on this Site the better, but when one needs or wants to for an

y reason, the forum section titled 'Miracles that follow the plow' is the best place for that -- for prayer requests, testimonies and so forth.

On the Index Page - each section gives a description under each header of it's content.

I appreciated buttermilk's and gregg's posts, in that they, just for two, included "us all". All things that can be shaken, will be - and He definitely will have a Church that is without spot or blemish. We do pray daily for the LORD to conform to HIS IMAGE and that we may decrease and HE Increase. We are all in need of this shaking and better to shout it from the housetops to GOD and if need be, to men, then for others to do it.

I've read this one thesis on Truth over and over since first finding it because I know that one lie will Always lead to another and unless we all find our strength from the Spirit of TRUTH - any of us could develop a pattern of untruthfulness.

<https://www.sermonindex.net/modules/articles/index.php?view=article&aid=1563>

Amen to all the others who have said it also, in their own ways - "GOD help us all" to continually be conformed to His Image, daily. Amen, In His Love.

His Love to you and yours Krispy.

Re: - posted by ccchhrrriiss (), on: 2010/11/29 12:18

I think that this is a great reminder to us all that, despite any intentions, we should endeavor to be like Nathanael. Jesus said of him, "Behold, an Israelite indeed, in whom there is no deceit" (John 1:47 NASB)!

Praying for you, brother. You are greatly loved.

Re: krispy to me., on: 2010/11/29 12:32

I've hid things too, things I'm ashamed of that present a persona different than me; stronger and more noble. Being a Marine, or not being a Marine is really accidental. One manifestation of real bravery is casting yourself publicly upon the mercies of God, and the forgiveness of His true people. I'm sure the Father sees it that way.

You were and will be a genuine asset to the forum here. I love the way you set things in stone, and your sense of humor, and confronting the flip-flopers with biting truth.

I want you to see me, Brotherhood as covered by the blood, and remember, if God sees our stumbling and pride when repented of, as something to be remembered no more, we had better get in line.

Looking forward to hearing from you Steve. I know your not burnt out, but you will always be a KRISPY to me! your brother; Tom

Re: - posted by jlosinski, on: 2010/11/29 13:02

I would strongly contend that "being a Marine or not a Marine is really accidental". It is deceit, and mars those who have earned the title of "Marine" and have sacrificed many comforts and personal security to protect us. As a former Marine and an Iraq war veteran I am offended that Krispy had made such a claim, in addition to pretending to be a Gulf war veteran. I appreciate his willingness to submit to God and confess, but I am disappointed in his choice to deceive.
Joe

Re: , on: 2010/11/29 13:32

Quote:

-----I am disappointed in his choice to deceive

Joe... I am too. And I personally apologize to you and to all others out there who I have personally offended by this particular deceit. Altho this is no excuse, that particular deceit was bred out of my own disappointment at not being able to serve when at the time that was what I wanted to do. I am a diabetic, and was not allowed.

I'm not looking for sympathy, trust me. Just trying to say that I admire and look up to anyone who served... and in a weird way that is where that came from.

Sin is sin though, and I deeply apologize for hurting you and others in this way.

Re: - posted by Oracio (), on: 2010/11/29 14:44

Let him who is without sin cast the first stone. How could we not forgive a brother who humbly confesses his sin and asks for forgiveness. If you do not forgive those who trespass against you your heavenly father will not forgive you.

Re: , on: 2010/11/29 15:07

Mercy, Joe, Mercy.

We (including you) have all chosen to deceive and I am sure disappointed people very close to us. Krispy is not even close to us. Lighten up on the military stuff.

I am ex-military too, but I would rather wear the name of Christian than Marine if given the choice. And I won't wait to be given the choice, I choose Christian.

Paul counted everything that he was or had attained(Pharisee of the Pharisees) as nothing but dung, next to the excellency of the knowledge of Christ.

Php 3:4 Though I might also have confidence in the flesh. If any other man thinketh that he hath whereof he might trust in the flesh, I more:

Php 3:8 Yea doubtless, and I count all things but loss for the excellency of the knowledge of Christ Jesus my Lord: for whom I have suffered the loss of all things, and do count them but dung, that I may win Christ,

Let's not take someone who is humbling themselves and repenting and throw their particular sin back into their face because they happened to have marred some earthly organization. What about the Lord and His Body? That is who we really hurt when we sin. Yet, I am reading over and over that the brethren are receiving Krispy back into fellowship and no one is expressing disappointment and most certainly, the Lord is receiving him back.

I am just pleading with you and everyone to show mercy. Mercy is shown to us if we show mercy.

Re: , on: 2010/11/29 15:13

Pilgrim, I deserve to take it on the chin. It's ok.

Folks have a right to confront me. It may help them work through the hurt I've caused.

Krispy

Re: - posted by jlosinski, on: 2010/11/29 15:20

Oracio,

This matter has been addressed with Krispy in a PM, I did not mean to give the impression that I did not forgive Krispy for his deceit; rather, I did so.

Pilgrim,

It is not unreasonable to feel anger at deception. As I attempted to explain to another forum member, I have never held the Marine Corps above the Cross but being a former Marine and Iraq war vet is an integral part of who I am as a person and what I have gone through. My family and I have struggled through many trials due to my service and to claim to be a combat veteran Marine when one is not is hurtful and slights what others have truly sacrificed. Forgiveness does not mean one does not have the right to feel indignant or hurt.

Joe

Re: Public Confession from Krispy, on: 2010/11/29 15:31

Steve, I'm very aware I'm online and had not yet posted here. I'm still processing your statement, but I am not offended that you were paranoid, or wanted to protect your identity. As Jesus-is-God said, that's what usernames are for.

I can understand why God wants to deliver you from the effect of having given yourself a false facade, though, and from ducking and diving in fear. But it's a journey.

That which makes manifest, is light.

When I was reading Tyndale's New Testament, because of his marginal notes, I noticed things that have always been there, as if they were new. One, as Tom said, is the 'armour of light'. That is a beautiful picture, and place of great safety. (1 John 1:7)

Also, when I find my tongue, there is something more I will share, because your deliverance resonates with a recent blessing I've had from the Lord.

Down in the human heart, crushed by the tempter,
Feelings lie buried that grace can restore;
Touched by a loving heart, wakened by kindness,
Chords that were broken will vibrate once more.

Fanny Crosby

Re: - posted by Lesserlight, on: 2010/11/29 15:42

Christ is the one that calls us to repentance and if Christ was not in you, you would not have felt the guilt that caused you to confess

Jesus had already forgiven you before your confession so why should you have confessed your sin

Besides the load off of your conscience that I am quite confident that you are feeling, a wall has been removed between you and God that kept out things that He wants you to have.

We are to confess our sins to another brother or sister and IMO it builds bonds of trust..... and might lead someone else to confess their sins.

So congratulations

Doug

Re: - posted by MrBillPro (), on: 2010/11/29 15:47

Anyone that has been around here for long knows Krispy and I have always been buds since day one. Brother you don't owe me any apology, when you have been forgiven, there is no apologies due, trust me, you have forgiven me numerous times, as I have you. You are my Spiritual Cyber Brother in Christ and you will always be, I read your confession, and nothing seemed to really stick with me, why? because I am a sinner also, just like all of us here, the only difference is, our stories are all just a little different. Brother you have stuck by my side here at times, come hell or high water and you never had to do this, you did it because you understood me and you Loved me, and that's why I am sticking by your side today, it's called Brotherly Love. There's no other love like the love for a brother, and there's no other love like the love from a brother.

God Bless You Brother.

Mr. Bill

Re: , on: 2010/11/29 15:52

I love you, brother Bill.

Re: , on: 2010/11/29 15:57

Well, as someone who has had a few run-ins with Krispy over the years :) I find it easy to forgive. The Lord loves a broken and a contrite heart. I have been forgiven of so much myself that I could never hold anything against another who has humbled himself and asked for forgiveness. Keep on moving in His direction brother and I'll see ya when we both cross the finish line.....brother Frank

Re: - posted by Renoncer, on: 2010/11/29 16:02

Lesserlight,

I agree that Krispy's confession is a good thing, not only for the people involved in this situation, but also because it may convict others as well. This is putting James 5:16 into application.

Sin is ugly, that's a given. We have to constantly fight against it. We must put it to death in its infancy; we must also put it to death when it is mature. Let us be merciless against sin, but merciful towards the sinner, especially the one who repents.

Yours in Christ

Re: - posted by Lesserlight, on: 2010/11/29 16:26

Quote:
-----Sin is ugly, that's a given. We have to constantly fight against it. We must put it to death in its infancy; we must also put it to death when it is mature. Let us be merciless against sin, but merciful towards the sinner, especially the one who repents.

This is good

Bless your heart

Doug

Re: , on: 2010/11/29 16:36

Joe, I certainly do not want to add to your burdens.

I am sorry that you and your family have gone through so much and my apologies if I offended you.

Re: - posted by jlosinski, on: 2010/11/29 16:56

No problem Pilgrim,
Just didn't want my intentions misunderstood. I love this forum, where else is there so many people tripping over themselves to say "I forgive you, and I've been there myself." :)
Joe

Re: - posted by ginnyrose (), on: 2010/11/29 18:03

God bless you, Krispy.

It is so gratifying to see how the Holy Spirit is still working to convict people of their sin and to see people humble themselves to admit it and ask for forgiveness.

Krispy, we have seen the evidence of God working today and for this we are grateful. It is humbling to me to be a witness to this miracle.

God bless you and keep you and may his face shine upon you and give you peace.

Blessings,

ginnyrose

Re: , on: 2010/11/29 23:32

I don't know you but I respect you a lot for confessing. I hope you feel some peace and don't continue to condemn yourself for it.

Re: Public Confession from Krispy - posted by amranger (), on: 2010/11/30 0:31

I was just reading another thread that was asking the question does this forum glorify God? I want to thank Krispy for his confession here. I think this thread is glorifying to God and will convict and encourage many people. My prayers will be with you Krispy. God bless you brother.

Andrew

Re: - posted by Miccah (), on: 2010/11/30 1:32

Krispy... Forgiven.

Blessings brother!

Re: Public Confession from Krispy - posted by ginnyrose (), on: 2010/11/30 10:08

Quote:

-----I had a heart attack several months ago and God used that to make many many changes in my life.

I would like to comment on Krispy's heart attack. Ever since he PMd me about it I had to think about it...

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The basic reality is how God will redeem bad events to bring Him honor and glory for our own good. Always. It can be health issues, storms, calamities - all kinds of things that work to upset our securities....These things all work to demonstrate to us that one CANNOT depend on what is seen to be strong. Not even the big things, whatever that may be.

I, also, have had what I think is called 'silent heart attacks'. I have had two of them. My cousins tell me to be prepared for 'heart trouble' because everyone of Dad's family suffered from it. How well I know!

I look at this reality and ponder on what or how should I respond if it happens to me: do I want to be kept medically alive so I can get to live to be 90+ and have Alzheimers like some of my uncles did? Or, should I back off and allow nature to take its course? Since I am of the mindset to allow nature take its course, I believe God to be in control and that if he wants me now, this will be fine. Or, is it, really?

Now you see, having faced this head on, it does wonders to you - you think a lot about dying: am I ready to go? It helps you to reorder your priorities: what really is important? Why do I have the interests that I do? Who will benefit? will it endure and for what purpose? It is a powerful tool to evoke a sense of the urgency in your serving the LORD, to be faithful, to be obedient and to know Him in all things. Doing so will evoke within you an anticipation of this homecoming!

Still, when I think of our sons still away from God I cringe mightily in my spirit and flesh. Then my plea is "wait a little bit longer, please Jesus, there are so many still wandering out in sin...(Remember this song?) Yet, I know God loves them and will do whatever possible to bring them in. This can challenge your Trust...

I deeply appreciate Krispy's testimony of how God used this heart attack to waken him. May we all be challenged to be faithful. You know it could next be me or you and it could be fatal with no second chance. Steve was given this as was I. And all of us, if we are honest.

God bless each and everyone as we serve the LORD.

ginnyrose

Re: - posted by dougr777 (), on: 2010/11/30 10:34

Krispy,

While we have never talked much, it was great to read your post and see the Love of God and forgiveness towards you in this confession and walking in the light. Forgiveness given to you brother for I have been just as sinful and foolish in my past as well online.

I pray that our Heavenly Father would show love, grace, peace and mercy to you today as you enjoy His presence today

Be blessed in our Father's love,
Doug

Re: - posted by MaryJane, on: 2010/11/30 10:44

Quote:
-----Now you see, having faced this head on, it does wonders to you - you think a lot about dying: am I ready to go? It helps you to reorder your priorities: what really is important? Why do I have the interests that I do? Who will benefit? will it endure and for what purpose? It is a powerful tool to evoke a sense of the urgency in your serving the LORD, to be faithful, to be obedient and to know Him in all things. Doing so will evoke within you an anticipation of this homecoming! Still, when I think of our sons still away from God I cringe mightily in my spirit and flesh. Then my plea is "wait a little bit longer, please Jesus, there are so many still wandering out in sin...(Remember this song?) Yet, I know God loves them and will do whatever possible to bring them in. This can challenge your Trust...

ginnyrose, I have felt and had some of these same questions myself. These questions have been on my heart and mind much recently.

Steve as always brother my prayers are with you. The internet can be a real minefield to wander through and there are many pitfalls we all need to be on guard against. Thinking about what you shared I realized that the temptation to invent things about one self is always there, tempting us to be all who we think we should be or who the world finds acceptable. I don't like my mousy brown hair and plain brown eyes...with the stroke of a key I am now a gorgeous red head with bright blue eyes! Or my weight may be the issue, or age, or job, or million other things that can be made up or faked when one is behind the keyboard. I know there are many reasons we do these things, for some its fear, others it might be vanity, still others it might be a need to impress or have greater worth? The reasons don't really matter what it comes down to is at one time or another we have all faced this temptation and struggled with it. No one is immune to this temptation so no one has the right to hold anything against you because you stumbled and sinned in this area. I think its a great testimony of how God is working in your life and how you are willing to die to self to come here and share this with us all.

Thank you for sharing and God Bless
mj

Biological clock... - posted by ccchhhrrriiiss () , on: 2010/11/30 12:47

Hi Sister Ginnyrose...

That is a very interesting set of thoughts!

I have always thought that an illness or an ailment can be a blessing in disguise. Often, death comes unexpected. Whether it is a sudden stroke, an act of violence, an accident, or even an airplane flying into your building -- some people meet their maker unexpectedly.

This is not true for those who are "diagnosed" with an illness. Cancer can be a horrible diagnosis with a long struggle for those who face chemotherapy. At the same time, it provides an unexpected gift to those who suffer. They have time to face their own mortality.

Whether they have a few weeks or months (or years) to live, they have the opportunity to "make things right." The same is true for those who survive other ailments (like heart attacks).

When I was a teenager, the part-time janitor of our Church facilities, Jerry, was diagnosed with cancer. He had been feeling pain for a few weeks and finally went to the hospital for a check up in early December. They diagnosed him with cancer that had spread throughout his body...and he immediately began an aggressive regimen of chemotherapy. Unfortunately, the effects of the chemotherapy took its toll. This janitor passed away on the morning of February 2nd.

I remember attending the funeral and seeing the hurt on the faces of his wife, four children and the rest of his family. This death came quite suddenly -- about two months after his diagnosis. The funeral was well-attended by his family members, co-workers and the church congregation.

At one point in the funeral, the pastor allowed people to share some of their memories and thoughts of Brother Jerry. As people tend to do in funerals, people stood up and talked about the good ol' days. They spoke about his virtues and fact that he was a "plain spoken man" who loved his family. Everyone seemed to share "good" things.

However, one older man who worked with Jerry eventually stood up. He was a coworker and said that he and Jerry had not gotten along for a long period of time. It seems that Jerry had somehow wronged this man many years ago. However, following his diagnosis, Jerry called this man and "made things right." After this man, another man got up and said the same thing. After him, another did the same.

Eventually, a handful of men stood up and made statements about how Jerry had contacted them following his diagnosis in order to apologize for some wrong. Regardless of whether he stole from someone years ago or had lied to them a few months earlier, Jerry attempted to make amends for his wrongs.

I think that this was showing "fruit unto repentance." As awkward as it may have seemed at a funeral, I thought that it was a blessing. You see, Jerry was a man of character. He didn't want to face God with dirty hands. His struggle with ca

ncer actually gave him the impudence to approach people that he had wronged and offer a very humble, heartfelt apology. In this sense, the physical ailment led to death -- but it worked for something eternally good.

Last night, I prayed for Steve. As I lay down to sleep, I was thinking about all of this.

This morning, I woke up quite early. I have a difficult time sleeping with any light and I tend to wake up with the first ray of daylight. When early morning sunlight pierced through the curtains, I was up. Oddly enough, waking up a bit early made me think about something.

Human beings are born with something called a Circadian Rhythm. It is sometimes referred to as a "biological clock." In plants, it is the response that makes plants open their flowers in the morning. In humans, it is a biological mechanism that sets the body upon a 24 hour cycle. It is what makes the human body tired enough to go to sleep, digest food at night, have daily bowel movements, and become mentally alert in the morning (amongst other things). It is also what causes "jet lag" -- due to a disruption in the length of the body's biological "day."

For years, it was thought that this biological clock was somehow tied to the environment of the Earth. The Earth rotates in 24 hours...producing one day. Thus, our biological clocks would be assumed to be naturally tied to a physical day on Earth. However, scientists realized over the past decade that this just isn't the case.

It seems that "light" is the trigger for resetting the biological clock. About a decade ago, scientists were testing what they thought was an old wife's tale about shining a bright light behind the elbow or knee as a means to reset the biological clock. They were fully prepared to discount what they thought to be a silly and absurd claim. However, they were stunned to learn that this actually worked.

A bright "light" was able to reset the biological clock in human beings -- even in the middle of the night!

Subsequent further studies revealed that "light" seems to be the catalyst for starting a person's circadian rhythm. Scientists found that a direct, bright light from above (resembling bright daylight) was found to be the most effective method to reset that biological clock. It "wakes" a person's body, controls the release of melatonin, adjusts the body's temperature and controls the plasma level of cortisol.

In other words, light brings about a "new" day for the body. I was thinking about this in regard to Krispy's confession.

Jesus is the light of the world. In fact, He is called the light of men. The Word of God says, "In him was life; and the life was the light of men. And the light shineth in darkness; and the darkness comprehended it not" (John 1:4-5). In fact, Jesus gives "light to all men" (John 1:9). Later on, Jesus said, "Are there not twelve hours in the day? If any man walk in the day, he stumbleth not, because he seeth the light of this world. But if a man walk in the night, he stumbleth, because there is no light in him" (John 11:9-10).

Jesus is the light that resets our SPIRITUAL clocks. When He shines, darkness must flee. The Word of God also talks about "bringing to light" even secret things (Ecclesiastes 12:14).

In this sense, God has used a heart attack to bring Krispy (Steve) to the light of life. Krispy's confession has revealed this to us...but it is only because God used that heart attack to shed light upon this situation to him. This is an opportunity to have his inner spiritual clock reset. It is a new beginning.

The best thing? Affliction makes us remember our failures and rely upon God's mercies -- and those mercies are a lot like that circadian rhythm/biological clock. They are NEW EVERY MORNING (Lamentations 3:19-23).

I am praying for brother Steve. He has a heart after God. I am confident that this new "reset" will cause him to strive to walk in the light in all things and remember the steadfast mercies and the great faithfulness of the Lord. Because of this, we are able to say "thank God" for a heart attack! What a wonderful God we serve!

Re: Biological clock..., on: 2010/11/30 13:24

Very nice, Chris.

Psalms 119:67-68

67 Before I was afflicted I went astray: but now have I kept thy word.

68 Thou good, and doest good; teach me thy statutes.

Re: , on: 2010/11/30 14:06

interesting thread...

Re: , on: 2010/11/30 14:10

I have been overwhelmed by the love and forgiveness from everyone... even those who were upset with me. You have a very right to be.

I think most everyone has had their say, both publicly and privately. I will keep an eye on my message box if anyone else would like to weigh in privately... or even publicly.

It is my belief that Krispy needs to die. I can not come here and speak with any authority, at least not at the present time. And I believe the moniker "Krispy" will be a reminder of negative things, and not positive to some. The last thing I want to do is bring reproach upon His name, or be a stumbling block to others.

We say we are praying for revival on this site... LET IT BEGIN WITH ME!! Let there be NOTHING between me and God! This thing I had done was standing between God and I... and now it is not. As the days proceed I am sure he will reveal other idols and sins that are between me and Him, but I assure you this has been the most difficult one to walk thru. Well over 1,200 people worldwide have read this thread... and know my sin. That's humbling (humiliating!), believe me. But it's what needed to happen in order for true revival to happen in my soul. A moving of God.

And it was worth it to wake up this morning know it has been removed! Praise the Lord!

This will be the last post of Krispy Ritter. Perhaps we should have a mock funeral for him, or something! lol...

I'm going to retreat for awhile. I will never write on this board as "Krispy" again. Be in prayer. We will see what the future holds.

In fact I BEG you brothers and sisters to lift me up in prayer. Me and mine. Thank you thank you thank you.

I love you all.

Krispy

Re: Public Confession from Krispy, on: 2010/11/30 14:33

Steve, I still may want to add something, but not now. I'm still chewing on it. Please don't go anonymous, because you won't be able to access your PM box.

General Topics :: Public Confession from Krispy

Re: , on: 2010/11/30 14:33

Were all liars when it comes to these forums. We hide behind a nickname. I mean really, do I look like a Snufalapus? Every time I see your nick, it reminds me of a Crispy Crunch chocolate bar.

Some say nasty things and they end it with "Peace in Christ".

They are just lying to themselves that there is any peace in Christ with such a nasty way of rebutting an argument. Or a smiley face while telling someone off. Who are we trying to kid?

Now, I have to ask you, is your name really Steve?

And brother because the Lord has brought all this to your attention and getting your house in order, who is anyone that would dare NOT forgive you?

I have always thought you were very true blue, so forgiveness is a piece of cake.

Re: , on: 2010/11/30 14:45

Just read the post before AlivetoGod.

Brother Steve, don't you dare trade in that nick, that's who you are here, we have come to know you on here as Krispy Kritter. There are people that have done far worse, but do they change their name, certainly not. I sometimes look for your posts on here to see if you been around commenting and I just asked the Lord the other day that I haven't seen Steve in a while, I wonder where he is at. And here you come strolling in, and I see your nick again and I am pleased to see it. You have no idea how many people look forward to seeing you come on here under that nick. People have PM'd me and basically say the same thing, and this is who we are on here. You are just as real as if you were standing here with each and everyone of us in our own homes. This is the community to which we have come together online and it's a necessity to hide behind a nick, it's highly recommended.

Re: , on: 2010/11/30 14:46

Alive... I can only go anonymous if I ask the mods to do it, or they give me the boot. The account will remain open, I'm just not going to post. That's a self imposed thing.

Snuf... true blue? Yes, everyone has gotten the "essence" of who I am. I manipulated certain facts to keep my identity safe, although it became sin over time. But as far as who I am as a person... I don't think anyone could fake that over a 6 year period. I am who I am. People who have been here for any length of time know me 80%. It's the 20% that was the sin... but 20% or 1%, sin is sin.

And I'm NOT advocating everyone just expose themselves on the internet, that would be stupid. But I went too far with it.

...oops, ok, THIS will be my last post! :-)) I thought those were important things to clarify.

Krispy

Re: , on: 2010/11/30 14:54

Quote:
-----Brother Steve, don't you dare trade in that nick, that's who you are here, we have come to know you on here as Krispy Kritter. There are people that have done far worse, but do they change their name, certainly not. I sometimes look for your posts on here to see if you been around commenting and I just asked the Lord the other day that I haven't seen Steve in a while, I wonder where he is at. And here you come strolling in, and I see your nick again and I am pleased to see it. You have no idea how many people look forward to seeing you come on here under that nick. People have PM'd me and basically say the same thing, and this is who we are on here. You are just as real as if you were standing here with each and everyone of us in our own homes.

In the future perhaps I will take a straw poll and see if everyone is in agreement with that. :-))

Krispy

PS... THIS is the last post! lol

Re: - posted by HeartSong, on: 2010/11/30 15:27

Hi Krispy,

So does this mean that if I comment on the Christmas thread you won't beat me up this year? In any case, I forgive you.
:)