

Devotional Thoughts :: THE POURING OUT OF THE HEART by David Wilkerson

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The following word, given to me by the Holy Spirit, is for those who need an answer to prayer, who need help in time of trouble, and who are ready and willing to move God's heart according to His Word.

Lay hold of the covenant promise in Psalm 46:1: "God is our refuge and strength, a very present help in trouble."

The phrase very present means "always available, immediately accessible." Faith must rest in the assurance that God's Spirit abides in us all hours of the day and night, continually. And because He took up a habitation within us, He listens to our every prayerful thought and cry. We can be sure that if He hears us He will grant our petitions. Indeed, the Holy Spirit will move heaven and earth for any child of God who takes time to pour out his heart to the Father.

Read and believe Psalm 62:5-7. This is the prayer of David that touched God's heart. David said in essence, "Wait on God only! Expect help from no other source. He alone must be your provision, your only hope and defense. Only He can supply you with the strength to keep going until your answer comes."

Here is the heart of it all, the secret to prevailing prayer that every saint throughout history has learned: the pouring out of the heart before the Lord. "Trust in Him at all times, you people; pour out your heart before Him; God is a refuge for us" (Psalm 62:8) Hannah is our example in doing this. Desperate for a child, she "poured out" her soul to the Lord (see 1 Samuel 1:15). And Scripture says, "Her face was no longer sad" (1:18).