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**John Bunyan on Prayer - posted by EAGLEFLYING (), on: 2019/4/9 20:03**

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From The Pilgrim, January 1962

We have run across a few lines on the subject of prayer, written by John Bunyan, the author of Pilgrim's Progress, the world's second "best seller," the Bible being the first, of course. Here is what Bunyan wrote:

"When thou prayest, rather let thy heart be without words, than thy words without thy heart."

"Prayer will make a man cease from sin, or sin will entice a man to cease from prayer."

"Prayer is a shield to the soul, a sacrifice to God, and a scourge for Satan."

Most of us could pray more than we do. Prayer is exercise for the soul and should be as normal for the spiritual man as breathing is for the physical man. Too many of us cease without praying, when we should pray without ceasing. Let us pray fervently--with more heart than words, but with both directed by the Holy Spirit.