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In Isaac Watts hymn Our God, Our Help in Ages Past, he mentions a spiritual malady that has plagued men for generati ons. That malady is a preoccupation with the cares of this world that promotes a soul oppressive busyness. Note the lyri cs in his savory, and searching, hymn:

The busy tribes of flesh and blood, With all their lives and cares, Are carried downwards by the flood, And lost in following years.

What does Watts mean by the words "are carried downwards by the flood and lost in following years?" In his compositio n's context he underscores the brevity of life. Because our existence is so fleeting, we must exercise the greatest of care to think much on eternity and rely unwaveringly on the God Who is our ever present help.

## And why?

Because life passes quickly. Because opportunities are lost in the twinkling of an eye. Because the privilege of striking a blow for the kingdom of Christ comes and goes in a breath. The flood of death will carry us down and only what's done f or Christ will last.